



## Community Resource Directory

**May 2011**

The Arc of San Antonio was founded in 1954 by a group of parents who needed support and services for their children with special needs. Today, the mission of the Arc is to enhance the quality of life for children and adults with intellectual or other developmental disabilities. The Arc is a private nonprofit agency that provides a wide array of social services, information, referral, client support and advocacy for people with developmental disabilities and their families.

Copies of this directory are available online at [www.arc-sa.org/resources.htm](http://www.arc-sa.org/resources.htm)  
or contact us at:

The Arc of San Antonio, Inc.  
13430 West Avenue  
San Antonio, TX 78216-2005  
Arc Toll Free ( 888 ) 490-9609  
(210) 490-4300  
[www.arc-sa.org](http://www.arc-sa.org)

Although this directory is distributed free of charge, donations are gladly accepted. We depend on contributions to meet operating expenses in producing and mailing this directory. Organizations included in this directory are not directly or indirectly endorsed by The Arc of San Antonio. For more information about how you can support the Arc, contact Ann Marie Morrow at [amorrowsa@arc-sa.org](mailto:amorrowsa@arc-sa.org) or call (210) 490-4300.

## Table of Contents

Adaptive Equipment/Medical Supplies	P. 3
Adult Day Programs/ Vocational	P. 4
Alamo Local Authority for Intellectual & Developmental Disabilities	P. 6
Center for Health Care Services	P. 6
Child Care Funding/Resources	P. 6
Child Care Programs – Special Needs	P. 7
Educational Advocacy Resources	P. 8
Early Childhood Intervention	P. 8
Educational Services (Private Schools/Programs)	P. 8
Financial Planning	P. 9
General Community Resources (Rent, Utility, Food)	P. 9
Legal Assistance	P. 12
Medicaid Waiver Programs	P. 13
Mental Health Services Supports	P. 13
Online Resource Directory	P. 13
Other Services	P. 14
Parent Training Programs	P. 14
Recreation/Leisure Activities	P. 14
Residential Services (Group Homes and Supervised Apartments)	P. 16
Resource and Referral	P. 16
Respite Programs	P. 17
State Programs/Offices	P. 17
Support Groups	P. 18
Transportation	P. 19

## **ADAPTIVE EQUIPMENT / MEDICAL SUPPLIES**

### **Alamo Mobility – Driving Aids**

6473 DeZavala Rd, SAT 78249

(210) 697-8884

[www.alamomobility.com](http://www.alamomobility.com)

### **All Star Medical**

6808 Alamo Downs Parkway

SAT 78238

(210) 767-8004

Accepts CSHCN

[www.allstarmedical.org](http://www.allstarmedical.org)

### **Bexar Care**

7410 John Smith Dr, Suite 108,

SAT 78229 - Accepts CSHCN

(210) 614-3804

### **Caprock Home Health Services**

1123 N. Main Suite 215 SAT 78212

(210) 225-7003

[www.chhs.com](http://www.chhs.com)

### **CHAMPS**

7718 Louis Pasteur SAT 78229

(210) 614-1414

Medical supplies only

[www.champsmedical.com](http://www.champsmedical.com)

### **Comal Drugs**

544 Union Avenue

New Braunfels, TX 78130-4158

(830) 625-2421 [www.comaldrug.com](http://www.comaldrug.com)

Accepts: Medicaid (traditional, Molina & Community First)

### **D & L Medical Products**

9701 Dessau Rd, Suite 202,

Austin TX 78754

Authorized Medicaid Provider, DME

(800) 880-7402

Office: 512-832-9983

### **Davila Pharmacy**

1423 Guadalupe, Suite 108

SAT 78207

Authorized Medicaid Provider, medical supplies. Accepts CSHCN, CHIP

(210) 226-5293

[www.davilapharmacy.com](http://www.davilapharmacy.com)

### **First Care Medical Equipment LLC**

11503 Jones Maltsberger, Ste. 135 SAT

78216

Contact: Rosie Valdez

Office: (210) 404-9842–(800) 697-9842

Fax: (210) 404-9917

Accepts Medicaid & CSHCN

### **Harbor Alliance**

13315 Veterans Memorial Dr. Ste. 204

Houston, TX 77014

Contact: Pauline Martin

(281) 397-8740 Fax: (281) 397-8741

Accepts Medicaid & CSHCN

### **Independence Rehabilitation Equipment Inc.**

8844 Tradeway SAT 78217

(210) 832 – 9770

[www.inrehab.net](http://www.inrehab.net)

### **MEDCO**

8860 Fallbrook Dr. Houston TX. 77064

(877) 898-8945

Local: [satexas@e-medco.com](mailto:satexas@e-medco.com)

Esther Trevino (210) 837-6404

[www.e-medco.com](http://www.e-medco.com)

### **MK Prosthetic & Orthotic Services**

4319 Medical Dr., Ste. 106

SAT 78229

(210) 614-9222

930 Proton Bldng. A, Ste. 100

SAT 78258

(210) 494-1933

**National Seating Mobility**

5417 Bandera SAT 78238

(210) 520-6481

Accepts Medicaid/Medicare and  
CSHCN

**Pathways**

8500 Village Dr., Ste. 300.SAT 78217

(210) 821-5311

[www.pathway.org](http://www.pathway.org)

**Para-Driving**

4714 Broom, SAT 78217

Driving Aids

(210) 655-5438

[www.paradrivingaids.com](http://www.paradrivingaids.com)

**Project M.E.N.D.**

5727 IH 10 West, SAT 78208

Loans used equipment, wheelchairs,  
walkers, etc.

(210) 223-6363 [www.projectmend.org](http://www.projectmend.org)

**Rehab in Motion**

8666 Huebner Rd. #200

SAT 78240

(210) 696-1084

[www.rehab-in-motion.com](http://www.rehab-in-motion.com)

**San Antonio Orthotics & Prosthetics**

11933 Network Blvd., SAT 78249

Leg braces, etc.

(210) 616-0761

**Simon & Simon**

7718 Louis Pasteur, SAT 78229

(210) 691-1106

**Summit DME**

1070 Arian Circle, Suite 164

SAT 78216

Authorized Medicaid and Medicare  
Provider, DME

(210) 521-9800

**Wheelchairs Plus**

7719 Wurzbach Rd, SAT 78229

(210) 949-1660

**Wood Medical Supply**

16147 College Oak #103, SAT 78249

(210) 492-5533

**ADULT DAY PROGRAMS/  
VOCATIONAL PROGRAMS****Alternative Business Services  
(dba Educare)**

1201 Austin Highway , Ste. 103

SAT 78209 (Day Habilitation, vocational)

(210) 822-8036/ (210) 967-9699

2006 Ceegee, SAT 78217

**Angel Care Center of San Antonio, Inc.**

4338 Center Gate Drive

San Antonio, Texas 78217

(210) 946-6300

[angelcaresa@att.net](mailto:angelcaresa@att.net)

**The Arc of San Antonio, Inc. – Life  
Enrichment**

13430 West Ave SAT 78216

Adult Day Services (Young Adult, Day  
Habilitation)

(210) 490-4300 [www.arc-sa.org](http://www.arc-sa.org)

**Autism Treatment Center of San  
Antonio**

16111 Nacogdoches SAT 78247

Vocational Workshop & Day Habilitation

(210) 590-2107

[www.atcoftexas.com](http://www.atcoftexas.com)

**CALAB Activity Center**

6470 Heath Road SAT 78250  
Adult Day Habilitation and Vocational  
Programs  
(210) 647-0191 ext. 330  
[www.calabinc.com](http://www.calabinc.com)

**Casa De Amistad**

1933 Fredericksburg Rd. Ste 101  
SAT 78201 - DAHS program  
(210) 737-6955

**Center for Health Care Services -  
CHCS**

3031 IH 10 W SAT 78201  
Calidad – Day Habilitation, Vocational  
(210) 731-1300  
DAHS – 532-5158  
[www.chcsbc.org](http://www.chcsbc.org)

**Community Learning Center - CLC**

333 W Lovera SAT 78212  
Supported employment and job  
placement services (210) 733-1017

**Council Oaks Community Options**

11901 Toepperwein Suite 1001  
Live Oak, TX 78233 Day Habilitation  
(210) 646-0717

**Day Haven**

12000 Starcrest Suite 108  
SAT 78247 Day Habilitation  
(210) 832-0055

**Easter Seal Rehabilitation Center  
Head Injury / New Beginnings  
Program**

2203 Babcock Rd, SAT 78229  
Day Habilitation and Vocational  
Training (210) 614-3911  
[lindatapia@easterseals.satx.org](mailto:lindatapia@easterseals.satx.org)  
[www.easter-seals.org](http://www.easter-seals.org)

**Goodwill Industries**

Central Intake (210) 924-8581  
Assists with job placement, help with  
resumes, etc.  
[www.GoodwillSA.org](http://www.GoodwillSA.org)

**Methodist Mission Home**

6487 Whitby SAT 78240  
(210) 696-2410  
Day Habilitation, Vocational  
[www.mmhome.org](http://www.mmhome.org)

**Mission Road Development Center**

8706 Mission Rd SAT 78214-3144  
DAHS Program, Day Habilitation  
(210) 924-9265 ext. 223  
[www.missionroadministries.org](http://www.missionroadministries.org)

**Mother Earth Adult Daycare**

8464 Barron Rd SAT 78240  
DAHS Program  
(210) 691-1778  
[www.motheearthadc.com](http://www.motheearthadc.com)

**Reaching Maximum Independence  
(RMI) Day Habilitation**

Various locations - (210) 656-6674

**San Antonio Lighthouse**

2305 Roosevelt SAT 78210  
Vocational services for visually impaired  
(210) 533-5195  
[www.salighthouse.org](http://www.salighthouse.org)

**Sterling Adult Day Services**

4252 Thousand Oaks SAT 78217 or  
543 Pinn Rd., SAT 78227  
DAHS Programs  
(210) 656-4772/670-1105

**Unicorn Center, Inc.**

4630 Hamilton Wolfe SAT 78229  
Day Habilitation, Supported Employment  
(210) 737-3355  
<http://unicorn.missionroadministries.org/main>

**Yes I Can**

10807 Perrin Beitel Rd.#200  
SATX 78217 (210)599-6668

**ALAMO LOCAL AUTHORITY FOR  
INTELLECTUAL &  
DEVELOPMENTAL DISABILITIES  
(ALA)**

**Alamo Area Council of  
Governments (AACOG)**  
[www.aacog.com/mra/default.asp](http://www.aacog.com/mra/default.asp)

**ALA (Formerly BMRA)**  
Intake & Eligibility (210) 832-5020  
Service Coordination (210) 832-5078

**CENTER FOR HEALTH CARE  
SERVICES**  
[www.chcsbc.org](http://www.chcsbc.org)

**Adult Mental Health Intake**  
(210) 223-4061

**Adult Crisis Line**  
527 N. Leona 2<sup>nd</sup> floor  
(210) 225-5481

**Child Mental Health/Crisis Intake**  
711 E. Josephine  
(210) 299-8139, ext.203

**Dual Diagnosis Clinic**  
226-2012 or 226-2014

**CHILD CARE FUNDING/RESOURCES**

**Child Care Services Division – CCSD**  
1227 Brady Blvd. SAT 78207  
Child care funding and placement  
(210) 206-5200  
<http://www.sanantonio.gov/comminit/crd/crdchildcare.asp>

**City of San Antonio – Head Start**  
(210) 206-5500  
[www.saheadstart.org](http://www.saheadstart.org)

**Family Services/Smart Start**  
Child care Resource and Referral  
(210) 657-6278

**Southwest Institute for Educational  
Advancement - SIEA**  
PO Box 701364, SAT 78270  
Assistance in locating childcare services  
for special needs children and providing  
on-site and group training workshops.  
(210) 885-5250

**Urban Ministries**  
After School/Summer Programs  
535 Bandera SAT 78228  
(210) 431-6466

**Online Child Care Search:**  
[www.txchildcaresearch.org](http://www.txchildcaresearch.org)

## **CHILD CARE PROGRAMS-** **SPECIAL NEEDS**

### **The Arc of San Antonio- Life Enrichment**

After School/Summer childcare  
Child care ages 5-21  
13430 West Ave. SAT 78216  
6530 Wurzbach SAT 78240  
(210) 490-4300 [www.arc-sa.org](http://www.arc-sa.org)

### **Brighton Center for Inclusive Communities**

14207 Higgins Rd. SAT 78217  
Bright Beginnings Day Care  
Infant to 5 years old  
(210) 826-4492 - [www.brightonsa.org](http://www.brightonsa.org)

### **Calidad – Youth Program After school/Holiday**

104 Story Lane SAT 78223  
(210) 659-5857, ext. 202  
8-22 years old

### **Center for Health Care Services – CHCS Summer Youth Program**

104 Story Lane SAT 78223  
For School Holidays and Breaks  
(210) 659-5857 ext. 202  
8-22 years old [www.chcsbc.org](http://www.chcsbc.org)

### **City Parks & Recreation Summer Program**

Lincoln Community Center  
2915 E. Commerce SAT  
(210) 207-3048  
13-19 years old

### **Country Home**

8155 Fredericksburg SAT 78229  
Call for additional locations  
(210) 692-7205  
6 weeks to 13 years

### **Enrichment Academy**

7500 Eckhert Rd. SAT 78240  
(210) 521-3884  
6 weeks to 18 years old

### **Eva's Heroes**

4711 Sid Katz SAT 78229  
(210) 694-9090  
[www.evasheroes.org](http://www.evasheroes.org)  
14-21 years old.

### **La Misión Childcare Kid Kamp**

2211 So. Hackberry SAT 78210  
(210) 534-3836

### **MiCasa Family Center**

8601 Cinnamon Creek SAT 78240  
(210) 561-7660  
4820 Brandeis (off DeZavala)  
(210) 696-6599  
8875 Timberpath (Northwest)  
(210) 521-9876

### **Mission Road - Soar Summer Program**

8706 Mission Rd. SAT 78214  
(210) 334-2437  
[www.missionroadministries.org](http://www.missionroadministries.org)  
6-17 years old

### **Rainbow Station**

322 East Sonterra  
(210) 495-5222

### **Respite Care of San Antonio Day Care**

(Up to age 12) 605 Belknap Place  
P.O. Box 12633 SAT 78212  
(210) 737-1212  
[www.respitecaresa.org](http://www.respitecaresa.org)

### **Study Hall Learning Center**

2046 Babcock SAT 78229  
(210) 615-1414  
9480 Braun Rd. SAT 78254 –

(210) 684-4932  
4106 San Pedro Ave. SAT 78212  
(210) 733-1414

## **EDUCATIONAL ADVOCACY RESOURCES**

### **101 Advocacy**

Helping families navigate through the special education process. Sliding fee scale. Contact Sylvia Farber

(210) 722-9974

[www.101advocacy.com](http://www.101advocacy.com)

### **Disability Rights Texas** (previously named Advocacy Inc.)

Assistance with legal rights of persons with disabilities

6800 Park Ten Blvd., Ste. 208-N  
SAT 78213 (800) 880-8401 accepts calls 9:00 AM- 12:30 PM only

After 12:30 (800) 252-9108

[www.disabilityrightstx.org](http://www.disabilityrightstx.org)

### **Jennifer Fitzhugh**

Helping children with special needs

(210) 415-6098

### **Parent Alliance Learning and Support**

14207 Higgins Rd. SAT 78217 School Advocacy (210) 826-4492

[www.brightonsa.org](http://www.brightonsa.org)

### **Partners Resource Network TEAM**

**Project School Advocacy**

(877) 832-8945 State

(210) 483-3233 SA [www.partnerstx.org](http://www.partnerstx.org)

School Issues:

[www.theeducationlawyer.com](http://www.theeducationlawyer.com)

### **San Antonio Educational Assessment & Consultation**

Caryn Maika, M.Ed.-Texas Certified Educational Diagnostician, Special Education Teacher & Principal

(210) 386-0901

[Assessment4you@satx.rr.com](mailto:Assessment4you@satx.rr.com)

[saeducationalassessment.com](http://saeducationalassessment.com)

## **EARLY CHILDHOOD INTERVENTION**

**ECI General Line:** (800) 628-5115

### **Brighton Center for Inclusive Communities**

14207 Higgins Rd. SAT 78217

(210) 826-4492

### **Easter Seal Rehabilitation Center**

2203 Babcock Rd, SAT 78229

(210) 614-3911

### **Paces Program**

The Center for Health Care Services – CHCS 227 W Drexel SAT 78210

(210) 532-5158

## **EDUCATIONAL SERVICES (PRIVATE SCHOOLS/PROGRAMS)**

### **Achievers at University United Methodist Church**

5084 De Zavala Road SAT 78249

Secondary school for students with special needs. (210) 696-1033

[www.achieverscenterforeducation.org](http://www.achieverscenterforeducation.org)

### **One For Autism Academy**

265 E. Lullwood SAT 78212

(210) 680-8737

[www.oneforautism.com](http://www.oneforautism.com)

### **River City Christian School**

5810 Blanco Road SAT 78216  
Private, Christian based school for  
students with learning differences or  
emotional disturbance  
(210) 384-0297  
[www.rivercitychristianschool.com](http://www.rivercitychristianschool.com)

### **St. Martin's Hall**

411 SW 24<sup>th</sup> Street SAT 78207  
Private educational program for  
students with mild to severe learning  
disabilities  
(210) 431-3982  
[www.ollusa.edu](http://www.ollusa.edu)

### **Sunshine Cottage School for Deaf Children**

103 Tuleta Dr. SAT 78212  
(210)824-0579  
For hearing impaired: TTY (210) 824-5563  
[www.sunshinecottage.org](http://www.sunshinecottage.org)

### **The Exceptional Child's Learning and Resource Center TECLARC**

8304 Pat Booker Road  
Live Oak, TX 78233  
Advocacy, home school support and  
some classes.  
Contact: (210) 655-2883

### **Winston School of San Antonio**

8565 Ewing Halsell, SAT 78229  
Private school for 1-12 grades for  
individuals with learning disabilities.  
(210) 615-6544  
[www.winston-sa.org](http://www.winston-sa.org)

## **FINANCIAL PLANNING**

### **Metlife Financial Services**

MetDESK (Division of Estate Planning  
for Special Kids)  
100 NE Loop 410 Suite 1050 SAT

(210) 340-0186 [www.metlife.com](http://www.metlife.com)

### **Merrill Lynch**

200 Concord Plaza #100 SAT 78216  
(210) 805-2921

### **New York Life**

8000 IH 10 West, Ste. 800 SAT 78230 -  
Contact: Paul Fernandez, LUTCR  
Office: (210) 321-1491 Cell: 683-4679  
Specializing in planning for Special Needs  
Trust, Life Insurance, Annuities, Long Term  
Care, Mutual Funds & Guardianship  
Resources.

### **Northwestern Mutual**

9110 IH 10 W Ste 105 SAT  
(210) 616-0900

### **Sapient Financial Group**

10101 Reunion Place, Ste. 300  
SAT 78216 - (210) 384-5384  
Contact: Kenny Roesler  
[www.SapientFinancialGroup.com](http://www.SapientFinancialGroup.com)

## **GENERAL COMMUNITY RESOURCES**

**211** – Information and referral for various  
needs (utilities, rent, clothing, medical,  
transportation).

[www.unitedwaysatx.org](http://www.unitedwaysatx.org)

**311** – Information for city services (brush  
pickup, animal control, etc.)

### **Agape Ministry**

127 Lanark SAT 78218  
Food, Clothing, Rent, Utilities  
Call M-W-F only (limited zip codes  
served) (210) 590-6655

**Alamo City Christian Fellowship**  
6500 IH 10 35 N. SAT 78218  
Food and Clothing  
(210) 654-7880

**Angel Food Ministries Program**  
Bulk food at a reasonable rate at various churches  
[www.angelfoodministires.com](http://www.angelfoodministires.com)

**Battered Women's Shelter**  
(210) 733-8810 (Hotline)

**Bexar County Department of Community Investment**  
233 N. Pecos SAT 78207  
Utility, Heating/cooling appliance program. (210) 335-6770

**Carelink**  
Member Services (210) 358-3350  
Payment plan for medical services

**Catholic Charities**  
2903 W Salinas, SAT 78207  
Food, Clothing, Rent, Utilities & Immigration (210) 433-3256

**Christian Assistance Ministries – CAM** 110 McCullough, SAT 78215  
Food, Clothing, Rent, Utilities  
(210) 223-6648  
[www.christianassistanceministries.org](http://www.christianassistanceministries.org)

**Community Action Program – CAP**  
Food, Clothing, Rent, Utilities  
Call for nearest location/ Assists once a year (210) 207-7830

**Daughters of Charity Services of San Antonio** Medical, dental, social services including utility assistance, food, clothing, etc.  
(210) 334-2300  
[www.dcssa.org](http://www.dcssa.org)

**Ella Austin Community Center**  
1023 N Pine, SAT 78202  
Food, Clothing, Utilities  
Serves primarily East Side residents  
(210) 224-2351 [www.ellaaustin.org](http://www.ellaaustin.org)

**Greater Randolph Area Services Program**  
426 E Aviation  
Universal City TX 78148  
Randolph & Marion area only  
Food, Clothing, Rent, Utilities  
(210) 658-6351

**Greater Corinth Baptist Church**  
500 S New Braunfels, SAT 78203  
Food Only  
M-F 4:00 p.m. - 5:30 p.m. ONLY  
(210) 533-7991

**Guadalupe Community Center**  
1801 W Durango, SAT 78207  
Rent, Utilities, & GED  
(serves 07 zip code only)  
(210) 226-6178  
[www.parentresourcecenter.org](http://www.parentresourcecenter.org)

**Habitat for Humanity**  
311 Probandt, SAT 78204  
Builds homes for low income families/disabilities. Monthly orientation meetings. (210) 223-5203  
[www.habitatsa.org](http://www.habitatsa.org)

**Health Care for the Homeless –  
El Centro del Barrio**

204 Nolan SAT 78202

(210) 229-9322

[www.hepprograms.org/homeless](http://www.hepprograms.org/homeless)

**HELP Program**

1701 W. Woodlawn SAT 78201

(210) 731-8118, ext. 202

Emergency food assistance, food stamp enrollment, job placement, vision enrollment, CPS Utilities assistance. [www.hrpch@hrpch.org](http://www.hrpch@hrpch.org)

**House of Neighborly Service**

407 N Calaveras St

Food only (210) 434-2301

**Life Line**

Reduced telephone service for low income families

(800) 464-7928

**Madonna Neighborhood Center**

1906 Castroville Rd.

Provides some food and clothing assistance

(210) 432-2374

**Presa Community Center**

3721 S Presa, SAT 78210

Senior Nutrition Center, Utilities for area residents. [www.presa.org](http://www.presa.org)

(210) 532-5295

**Project Warm**

For CPS assistance during winter only

(210) 335-6770

**Program-RACAP**

Food, Clothing, Rent, Utilities

NE area only

M-F 2:00 p.m. - 4:00 p.m.

(210) 658-1613

**Society of St. Vincent de Paul**

Food, Clothing, Rent, Utilities, Furniture, Appliances

Call between 9:00 and 11:00a.m.

(210) 225-7837

**San Antonio Alternate Housing**

1215 S Trinity, SAT 78207

Helps low income families own homes

(210) 224-2349

**Salvation Army**

226 Nolan St

Temporary shelter for men

(210) 226-2291

**Salvation Army-Hope Center**

510 N Flores St, SAT 78212

Food anytime, For Clothing, Rent & Utilities. Must call on Mondays by 9 a.m. for appointment. (210) 352-2020

**SAMMinistries**

910 W Commerce, SAT 78207

Temporary shelter and transitional housing (210) 224-5838

**Haven for Hope**

1 Haven For Hope Way SAT 78207

(210) 220-2100

Homeless services and shelter

[www.havenforhope.org](http://www.havenforhope.org)

**San Antonio Food Bank**

4311 Director Dr, SAT 78219

Food, Assistance w/ completing food stamp applications & applying for Medicaid/CHIP.

(210) 337-3663

**Wesley Community Center**  
1406 Fitch, SAT 78211  
Food, Clothing, Utilities, Day Care,  
After School Care Basketball Program  
for Young Men, Summer Recreation  
Programs.  
(210) 924-5191

## **LEGAL ASSISTANCE**

**Lawyer Referral Service**  
(210) 227-1853

**Texas RioGrande Legal Aid, Inc.**  
1111 N. Main, SAT 78212  
(888) 988-9996

**St. Mary's Law School**  
(210) 431-2596

**Catholic Charities Guardianship  
Program**  
202 W. French SAT 78212  
(210) 210-293-1009  
[www.ccaosa.org](http://www.ccaosa.org)

**Michael Archer**  
8207 Callaghan Rd, Suite 425  
SAT 78230  
Social Security  
(210) 349-7772

**Carol Bertsch**  
1919 San Pedro, SAT 78212  
Medicaid, guardianship, Special needs  
trust  
(210) 735-9911 –  
[www.assistingseniors.com](http://www.assistingseniors.com)

**Margie Boldrick**  
1777 NE Loop 410, Suite 600  
SAT 78217  
Estate Planning  
(210) 349-1199

**Granstaff, Gaedke and Edgmon**  
5535 Fredericksburg Rd. SAT 78229  
Guardianship & Trust  
(210) 348-6600

**Jim House**  
8620 New Braunfels, Suite 315  
SAT 78217  
Estate Planning  
(210) 821-6863

**Cheryl McMullan**  
111 Soledad, Suite 300, SAT 78205  
Estate Planning, Guardianship &  
Medicaid  
(210) 212-4076

**Kay Martinez, Family Law**  
3737 Broadway #320 SAT 78209  
(210) 826-0851

**Betsy Riley, Family Law**  
206 E. Locust SAT 78212  
(210) 212-6700

**Barbie Scharf-Zeldes, Family Law**  
8925 IH 10 W SAT 78230  
(210) 699-6589

**Patricia Sitchler**  
112 E Pecan 30<sup>th</sup> Floor, SAT 78205  
Estate Planning Guardianship, &  
Medicaid  
(210) 224-4491

**Connie Somers**  
711 Navarro, Suite 777, SAT 78205  
Social Security  
(210) 271-7807

**The Spahn Law Firm**  
12015 Radium St. #100A  
Estate Planning  
(210) 344-3077 [www.mattspahn.com](http://www.mattspahn.com)

**Anna M. Torres & Associates**  
85 NE Loop 410, Suite 116 SAT 78216  
(210) 249-2143  
Estate Planning, Probate, Elder Law,  
Adoption & Business Organizations

**K.T. Whitehead, Elder Care Attorney**  
3004 Nacogdoches Road SAT 78217  
Estate Planning, Guardianship &  
Medicaid  
(210) 930-4300

### **MEDICAID WAIVER PROGRAMS**

**CBA – Community Based Alternatives Program** for those with a need for skilled nursing services (ages 21 & over) (210) 438-6208

**DB-MD – Deaf/Blind Multiple Disabilities Program** for those with diagnoses of Deaf, Blind and a developmental disability (all ages)  
Interest list in Austin (877) 438-5658

**HCS – Home & Community-based Services Program** for those with a diagnosis with intellectual disabilities (all ages) Interest list in San Antonio (210) 832-5020

**CLASS – Community Living Assistance & Support Services Program** for those with a diagnosis of Developmental Disabilities / Related Conditions (all ages) Interest list in Austin (877) 438-5658

**MDCP – Medically Dependent Children’s Program** for those with a need for skilled nursing services (children up to 21) Interest list in Austin (877) 438-5658

**YES – Youth Empowerment Services**  
For children and adolescents with severe emotional disturbances to live in the community with their families.  
This is a pilot program in Bexar County.  
Interest List: (210) 731-1300, ext. 259

### **MENTAL HEALTH SERVICES & SUPPORTS**

**Clarity Child Guidance Center**  
8535 Tom Slick Rd. SAT 78229  
(210) 616-0300

**La Paz Community Mental Health**  
530 San Pedro, SAT 78212  
(210) 558-8744  
Children and Adults  
Intake: 558-4276

**Mental Health Association in Greater San Antonio**  
8535 Tom Slick Dr, SAT 78229  
(210) 447-6930  
[www.healthymindconnection.org](http://www.healthymindconnection.org)

**National Alliance for Mental Illness NAMI, SA**  
510 Belknap, Rm. 224 SAT 78202  
Ed Dickey (210) 734-3349 [www.nami.org](http://www.nami.org)

### **ONLINE RESOURCE DIRECTORY**

**Alamo Service Connection**  
Provides access to long term services & supports for older adults, people with disabilities & their families  
(210) 477-3275  
[www.alamoserviceconnection.org](http://www.alamoserviceconnection.org)

## **DisabilitySA.org**

Resources for individuals with disabilities in Bexar County.

Calendar of local events at [www.disabilitysa.org](http://www.disabilitysa.org)

## **Gordon Hartman Family Foundation**

[www.hartmansa.org](http://www.hartmansa.org)

### **OTHER SERVICES**

#### **Guide Dogs of Texas, Inc.**

1503 Allena Drive. SAT 78213  
(210) 366-4081 1-800-9231

Providing guide dogs to Texans who are visually impaired to enhance their mobility and independence.

[www.guidedogsoftexas.org](http://www.guidedogsoftexas.org)

### **PARENT TRAINING PROGRAMS**

#### **Avance National Headquarters**

118 N. Medina SAT 78207  
Parenting Education, Adult Literacy,  
Fatherhood Services, Child  
Abuse/Neglect Intervention  
(210) 270-4630

[www.avance.org](http://www.avance.org)

#### **Avance of San Antonio**

2300 W Commerce Suite 304  
SAT 78207  
Parenting Education, Adult Literacy,  
Fatherhood Services, Child  
Abuse/Neglect Intervention  
(210) 220-1788

[www.avancesa.org](http://www.avancesa.org)

#### **Family Services Association**

702 San Pedro SAT 78212  
(210) 226-3391

[www.fsasatx.org](http://www.fsasatx.org)

## **PALS (Parent Alliance for Learning & Support)**

(210) 826-4492

## **Partners Resource Network Team**

**Project** Provides training on special education issues (877) 832-8945

### **RECREATION / LEISURE ACTIVITIES**

#### **Above & Beyond Gymnastics**

2835 NE Loop 410, SAT 78218  
(210) 213-1458

#### **The Arc of San Antonio, Inc.**

Recreational and leisure opportunities for adults - (210) 490-4300

[www.arc-sa.org](http://www.arc-sa.org)

#### **A.W.A.R.E. San Marcos**

San Marcos, TX  
Therapeutic horseback riding  
(512) 754-6773

[www.awareranch.org](http://www.awareranch.org)

#### **A-Z Music Therapy**

20770 Hwy 281 No. Ste. 108-188  
SAT 78258 (210) 392-1277

[www.a-zmusictherapy.com](http://www.a-zmusictherapy.com)

#### **Children's Association for Maximum Potential - C.A.M.P. Teen Program**

(210) 671-5411

[www.campcamp.org](http://www.campcamp.org)

#### **Eva's Heroes**

11107 Wurzbach Rd. Ste 203  
SAT 78230 (210) 694-9090  
After school and weekend enrichment for children & young adults with developmental disabilities Ages 14-21

[www.evasheroes.org](http://www.evasheroes.org)

**Jesus Cares Outreach /Our Savior Lutheran Church**

11503 Vance Jackson, SAT 78230  
Religion class for people with DD meets every 1<sup>st</sup> and 3<sup>rd</sup> Saturday of every month in the fall.  
(210) 696-2716

**Kids Yoga Therapy**

3300 Nacogdoches Rd., Ste. 110, SAT 78217  
For young infants and children with Neurodevelopmental challenges including developmental delays, Autism, ADHD.  
Contact: Kathleen Matula, PhD in Child Development and certified in Yoga for the special child.  
(210) 834-8275  
[www.kidsyogatherapy.com](http://www.kidsyogatherapy.com)

**Kinetic Kids**

PO Box 690993  
San Antonio, Tx. 78269-0993  
(210) 748-5867  
[www.kinetickidstx.org](http://www.kinetickidstx.org)

**R & K Songsters Choir**

Gail Phillips - (210) 805-0802

**San Antonio Playmakers Program/San Antonio League of Self Advocates (SALSA)**

231 Montclair, SAT 78209  
Drama program for adults with developmental disabilities.  
(210) 828-7125 Fax (210) 821-5530

**San Antonio Parks and Recreation Department Therapeutic Recreation Programs for Children & Adults**

(210) 207-3018  
[www.Sanantonio.gov/sapar/therapeutic.asap](http://www.Sanantonio.gov/sapar/therapeutic.asap)

**The Door in the Wall, Inc.**

767 Lookout Drive, Lakehills, TX 78063  
Fun, free events for people with disabilities. (210)637-8316  
[www.ditwtexas.org](http://www.ditwtexas.org)

**The Saddle Light Center**

17530 Old Evans Rd, Selma TX 78154  
Therapeutic riding for people with special needs (210) 651-9574  
[www.thesaddlelightcenter.com](http://www.thesaddlelightcenter.com)

**St. David's Episcopal Church & School**

1300 Wiltshire, SAT 78209  
Saturday Bibles and Bowling  
(210) 828-4378

**Special Olympics Texas**

10233 McAllister Frwy Ste 100  
SAT 78216 (210) 530-9898  
Fax: (210) 530-9896 [www.sotx.org](http://www.sotx.org)

**Sunburst Gymnastics**

7903 Mainland Dr, SAT 79250  
(210) 680-0944

**Triple H Equitherapy**

789 Backhaus Rd  
Pipecreek TX 78063  
Therapeutic riding for people with special needs (830) 510-9515

**University United Methodist Church – The “U”**

5084 DeZavala Rd, SAT 78249  
Weekly Sunday school classes for children and adults with developmental disabilities.  
Director – Susan Galindo  
(210) 696-1033 [www.uchurch.tv](http://www.uchurch.tv)

## **RESIDENTIAL SERVICES**

### **GROUP HOMES:**

For a complete listing of HCS/ICF-MR facilities

[www.aacog.com/MRA/default.asp](http://www.aacog.com/MRA/default.asp)

### **SUPERVISED APARTMENT COMPLEXES:**

Mission Road Development Center  
Various locations - (210) 344-9987

### **Reaching Maximum Independence**

Various locations  
(210) 656-6674

## **RESOURCE AND REFERRAL**

### **Alamo Area Council of Governments (AACOG)**

8700 Tesoro Dr., Ste. 700  
SAT 78217-6228  
(210) 362-5200  
[www.aacog.com](http://www.aacog.com)

### **Bexar Area on Aging**

Information/Referral for individuals 60 and older in Bexar County  
(210) 362-5254

### **The Arc of San Antonio, Inc.**

13430 West Ave, SAT 78216  
[www.arc-sa.org](http://www.arc-sa.org)  
(210) 490-4300

### **The Arc of Texas**

[www.thearcoftexas.org](http://www.thearcoftexas.org)  
(800) 252-9729

### **The Arc of US**

[www.thearc.org](http://www.thearc.org)  
(800) 433-5255

### **Any Baby Can, Inc.**

217 Howard SAT 78212  
[www.anybabycansa.org](http://www.anybabycansa.org)  
(210) 227-0170

### **CSD (Communication Services for the Deaf) of Texas**

5323 Blanco Rd. SAT 78216  
Resource/Referral/Advocacy  
[www.c-s-d.org](http://www.c-s-d.org)  
(210) 349-3332 (Message Center)

### **Center On Independent Living – COIL**

12414 Nacogdoches, Suite 150  
SAT 78217  
(210) 655-2333 or 655-2336  
[www.coil.org](http://www.coil.org)

### **Region 20 Education Service Center**

1314 Hines Ave. SAT 78208  
(210) 370-5200  
[www.esc20.net](http://www.esc20.net)

### **San Antonio Area Disability Advocates SAADA**

(210) 523-0544

### **San Antonio Independent Living Services - SAILS**

1028 S Alamo, Suite 1, SAT 78210  
(210) 281-1878 [www.sailstx.org](http://www.sailstx.org)

### **The Rosemary E. Kowalski Resource Center for People with Disabilities**

5101 Medical Drive SAT 78229  
(210) 595-9200  
[www.warmsprings.org/resrc.html](http://www.warmsprings.org/resrc.html)

## RESPITE PROGRAMS

### **Children's Association for Maximum Potential (CAMP)**

Summer/ weekend respite camps for children and adults. (210) 671-5411

[www.campcamp.org](http://www.campcamp.org)

### **Center For Health Care Services (Calidad)**

8155 Lone Shadow

Converse, Texas 78109

Respite and Foster Care Services

(210) 659-5857

[www.chcsbc.org](http://www.chcsbc.org)

### **Respite Care of San Antonio**

Davidson Respite House/ Day Care/

Mother's Day Out

PO Box 12633, SAT 78212

(210) 737-1212

[www.respitecaresa.org](http://www.respitecaresa.org)

## STATE PROGRAMS / OFFICES

### **Bexar County Tax Office**

For Handicap placards and license plates (210) 335-2251

### **Bexar County Housing**

1405 N. Main Ave., Ste. 201

S.A. TX 78212 (210) 225-0071

### **Department of State Health Services (DSHS) Children with Special Health**

Care Needs Program

(210) 949-2000

[www.dshs.state.tx.us](http://www.dshs.state.tx.us)

### **Department of Aging and Disability Services (DADS)**

Long Term Care program

(210) 438-6208

Consumer rights hotline

(800) 228-1570

[www.dads.state.tx.us](http://www.dads.state.tx.us)

### **Department of Assistive and Rehabilitative Services (DARS)**

***Blind and visually impaired services***

4204 Woodcock Suite 274

SAT 78228

Assistance for visually impaired from birth to adult

(210) 785-2750 Fax (210) 735-7508

### **Rehabilitation Services**

Central (210) 228-2280

North (210) 561-8600

Northeast (210) 650-0943

South (210) 927-8300

West (210) 522-8010

Regional (210) 805-2200

[www.dars.state.tx.us](http://www.dars.state.tx.us) Health and Human Services (HHSC)

### **Customer Service Line (Ombudsman)**

(877)787-8999

[www.hhsc.state.tx.us](http://www.hhsc.state.tx.us)

### **HHSC-Medicaid Hotline**

(800) 252-8263

### **San Antonio Housing Authority**

818 S Flores, SAT 78204

Housing Assistance Program general info. (210) 477-6262

Section 8 info. (210) 477-6210

Moderate Rehab Program

(210) 477-6231

**Social Security Administration**  
(800) 772-1213

**Texas Department of Family and Protective Services (TDFPS)**  
3635 SE Military Dr  
(800) 252-5400, 24 hour hotline

### **SUPPORT GROUPS**

\*\*Call for current meeting times and locations\*\*

#### **Alamo Head Injury**

For brain injury survivors, family and friends. Meets the 4<sup>th</sup> Wednesday, 6:00pm. 2203 Babcock  
(210) 614-4323

#### **Any Baby Can**

Sibling Support Group:  
Group for siblings of medically fragile & chronically ill children  
Autism/Asperger's Support Group  
(210) 227-0170  
[www.anybabycansa.org](http://www.anybabycansa.org)

#### **Arc Family Network**

Information and support network for families with children/adults with special needs (210) 490-4300  
[www.arc-sa.org](http://www.arc-sa.org)

#### **Autism Community Network**

701 S. Zarzamora SAT 78207  
(210) 435-1000 /Fax: (210) 200-6056  
Provides comprehensive services for children diagnosed with Autism up to age 5. Monthly Parent Workshops.  
[www.autismcommunitynetwork-SA.org](http://www.autismcommunitynetwork-SA.org)

#### **BrightBeacon.org**

Social networking site for parents of kids with medical needs to meet, discuss your children and their children's medical needs. Provides support, information and resources.  
[www.brightbeacon.org](http://www.brightbeacon.org)

#### **Care Giver Support Group**

For caregivers of the elderly, disabled, etc. (210) 302-6925

#### **Children's Bereavement Center of South Texas**

For Children that have lost a parent or sibling due to extended illness.  
(210) 736-HUGS  
[www.cbcst.org](http://www.cbcst.org)

#### **CHADD (Children and Adults with Attention Deficit Disorder)**

(800) 233-4050 [www.chadd.org](http://www.chadd.org)

#### **CP Support Group**

Contact: Todd Schwartz, PT  
(210) 592-5488  
Stacey Wallace – (210) 592-5488  
For families with children with cerebral palsy.

#### **The Down Syndrome Association of San Antonio**

For families with children that have Down syndrome (210) 349-4372

#### **Epilepsy Foundation of Central and South Texas**

(210) 653-5353  
[www.efcst.org](http://www.efcst.org)

#### **Family Strong**

Peer to peer support for military families who have children with special needs .  
(210) 299-8139 or  
[candyreyes@familystrong.org](mailto:candyreyes@familystrong.org)

**Meld Special**

Support group for parents of children with special needs or chronic illness. Free Childcare and meal provided. Call for locations (210) 223-9381.

**Muscular Dystrophy Association**

8610 Broadway, Ste. 200, 78217  
Diagnostic exams, medical follow-up, carrier-testing counseling, equipment, PT/OT, summer camp, support groups  
(210) 650-3181 [www.mda.org](http://www.mda.org)

**Parents and Challenges (PAC)**

2575 Marshall SAT 78259  
(210) 296-8124

**Parent Information Exchange - PIE**

511 E Craig Place, SAT 78212  
Margaret Larcade  
(210) 733-0260

**San Antonio Independent Living Services (SAILS)**

Support group for adults with disabilities; families of adults with disabilities; Young adult (18+) and Life skills classes for successful living  
Sandie Flanagan  
(210) 281-1878

**Clarity Child Guidance Center**

Support group for parents of children diagnosed with a mental health condition (210) 616-0300

**Texas Adults with Autism and Intellectual Disabilities (TAAID)**

3<sup>rd</sup> Saturday of the month at the Shepherd of the Hills Lutheran Church  
2pm-4pm Contact: Irma Canfield  
(210) 262-6740 or  
[itcanfield@gmail.com](mailto:itcanfield@gmail.com)

**Trey's House**

1709 Blanco Rd. SAT 78212  
(210) 320-1904  
A club house for individuals, 18 & up with Acquired & Traumatic Brain Injury to include others with debilitating brain disorders, including Asperger's, epilepsy, and other stigmatized disabilities that lead to social and job related problems.  
[www.treyshousesa.org](http://www.treyshousesa.org)

**TRANSPORTATION****Medical Transportation**

For Medical or Dental Appointments  
1-877-633-8747 ((Medicaid or CSHCN eligibility required))

**City of San Antonio**

Transportation for the elderly  
(210) 207-6680

**VIA-Trans**

Scheduling and info. (210) 362-5050  
Eligibility (210) 362-2140  
[www.viainfo.net](http://www.viainfo.net)

**Warm Springs Resource Center**

(210) 595-9200  
[www.warmsprings.org](http://www.warmsprings.org)